

Personal Social Health Education (PSHE) Policy
FOR
ELMHURST SCHOOL & TWO YEAR OLD PROVISION



Adopted:	June 2015
Reviewed:	June 2018
Responsible Committee	Curriculum, Pupils & Community

Signed:

Two Year Old Registered Person:	Mrs K. Rumble
Headteacher:	Mrs R. Lee
Chair of Governors:	Dr D. Gamble

PSHE Policy

Aims

PSHE enables children to become healthy, confident, independent and responsible members of society. We encourage our children to play a positive role in contributing to the life of the school and the wider community; in so doing we help to develop their sense of self-worth. We teach them how society is organised and governed and about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse and multicultural society. PSHE helps children to acquire the skills, knowledge and understanding, attitudes and values, which are necessary to make sense of their life experiences and to feel confident and informed. We aim to prepare our children for their future through the delivery of a comprehensive PSHE programme.

The PSHE programme is delivered through the PSHE Association Programme of Study. The core themes that will be covered across the school are:

- Health and Wellbeing
- Relationships
- Living in the wider world – Economic wellbeing and being a responsible citizen.

PSHE Curriculum Planning

When planning PSHE lessons our main focus is on the PSHE Association Programme of Study. This programme has several overarching concepts that will be taught to the children throughout their time at Elmhurst School:

- **Identity** (their personal qualities, attitudes, skills, attributes and achievements and what influences these)
- **Relationships** (including different types and different settings)
- **A healthy** (including physically, emotionally and socially) **balanced lifestyle** (including, within relationships, work-life, exercise and rest, spending and saving and diet)
- **Risk** (identification and assessment of risk rather than simply the avoidance of risk for self and others) **and safety** (including behaviour and strategies to employ in different settings)
- **Diversity and equality** (in all its forms)
- **Rights** (including the notion of universal rights), **responsibilities** (including fairness and justice) **and consent** (in different contexts).
- **Change** (as something to be managed), **and resilience** (the skills, strategies and 'inner resources' we can draw on when faced with challenging change or circumstance).
- **Power** (how it is used and encountered in a variety of contexts including persuasion, bullying, negotiation and 'win-win' outcomes).
- **Career** (including enterprise, employability and economic understanding).

Some of the time we introduce PSHE through other subjects or as part of the creative curriculum. We also develop PSHE through Circle time, displays and whole-school events.

Becoming Better Learners

To encourage children to become independent learners and take responsibility for their own studies, we have been following the Becoming Better Learners unit of work in addition to the PSHE Association scheme of work. This is taught twice a year in PSHE and allows children to identify both the 'Movers' and 'Blockers' of learning. Through doing this children identify how to help themselves in their work and what they need to do to improve their learning style. This has had a positive impact within the school and the whole school understand the concept of 'Purple Learners.' As well as the two units of work, the content is referred to throughout the year in all subjects. This ensures consistency across the school in all lessons.

Teaching and Learning Style

At Elmhurst a range of teaching and learning styles is adopted. We place great emphasis on active learning by including the children in discussions, investigations and problem solving activities.

Elmhurst School

We encourage the children to take part in a range of practical activities that promote active citizenship e.g. charity fundraising (Red Nose Day, Comic Relief). Classes are organised to enable participation in discussions to resolve conflicts and have class rules set and agreed by the children.

Inclusion

We teach PSHE to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of all children. Sensitivity will be applied in respect of children's individual needs.

Monitoring and Review

The PSHE subject leader is responsible for monitoring the standards of children's work and the quality of teaching. The subject leader will support colleagues in the teaching of PSHE, by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in school.